

Dearest Friends,

Thank you for your letters emails and cards. Thank you for the amazing response to our last newsletter. The result is we will continue to share some of the research that we discover. If there are specific issues that you want to have included in the following issues do let us know. It is always a pleasure to hear from you. If you have any queries regarding new ways nutritionals and personal care, the chi machine, EMR protection for your mobile or Revitalise eye drops, please call during normal office hours. We are in the process of building our website and it is taking us longer than anticipated.

### The Campaign for Truth in Medicine in its latest Enews shared that Vitamin A Produces Astonishing Leukemia Cure Rate, Even Without Chemotherapy

New research conducted at the University of Texas M. D. Anderson Cancer Center shows that vitamin A cures as many as 33% of patients with a rare form of leukemia -- without using chemotherapy. In the study, the vitamin A was being delivered inside "bubbles of fat" to enhance bioavailability. Out of 34 patients participating in the trial, an astonishing 10 remained cancer-free after five years, despite receiving no chemotherapy.

So what's the real story here? Researchers are calling this form of vitamin A a "drug," which seems odd, since it's just vitamin A. Perhaps they don't want to admit that a vitamin is better than chemotherapy for curing cancer. And this is definitely a cure -- that term is even being used by the researchers here. To take a group of cancer patients and watch them remain cancer-free for five years is nothing short of astonishing, especially since they were only taking one vitamin. Imagine how well they'd do if they also consumed chlorella (a strong anti-cancer superfood), spirulina (another superfood containing phytochemicals known to destroy breast cancer tumors), graviola (an Amazonian herb known for its powerful ability to destroy cancer cells), licorice root (a more popular anti-cancer herb) and other health-promoting foods and supplements. With the help of this collection of health-promoting substances, the cure rate could have easily risen to 75% or more.

Still, that's just a guess. Organized medicine isn't really interested in studying things that don't generate profits, and herbs and superfoods certainly fall into that category. But it is exciting to see vitamin A having such a dramatic, positive impact on patients with leukemia who might otherwise be subjected to chemotherapy.

**And perhaps someday these researchers will have the courage to admit that it's a vitamin, not a drug, that's working the healing magic here.**

Overview:

A biological agent --- a drug that wraps vitamin A inside bubbles of fat --- used without chemotherapy appears to offer as many as one-third of patients with a rare form of leukemia an opportunity for a long-term, disease-free future, say researchers at The University of Texas M. D. Anderson Cancer Center.

Researchers say the findings, presented at the annual meeting of the American Society of Clinical Oncology, provide the proof that biologic drugs can work in patients with acute promyelocytic leukemia (APL), and opens the door to development of such agents for more common forms of leukemia.

"This is the first time we have seen patients with an acute leukemia potentially cured without use of chemotherapy," says the study principal investigator, Elihu Estey, MD, a professor in the Department of Leukemia.

Source: [http://www.news-medical.net/view\\_article.asp?id=2248](http://www.news-medical.net/view_article.asp?id=2248)

*Those of you taking Maximol Solutions or other quality nutritional supplements are doing your body a really big favour. It is also that time of year when we begin to look towards the coming of spring. Spring reminds us that it may be time to spring clean. Time to detox the body and get rid of unwanted parasites and other visitors. May be even do a liver cleanse. I have already begun my parasite cleanse (if you want to know more, I have compiled an info sheet for this) and am looking forward to doing the liver cleanse in February. If you want to know more about liver cleanse, check out what Dr. Hulda Clark has to say on the matter in "The Cure for All Diseases". If you have access to the Internet a google search on liver cleanse will bring up loads of methods to do a liver cleanse. A word of warning though, it is advisable to have a healthcare practitioner guide you through one.*

The sites mentioned below are not for the fainthearted  
<http://www.curezone.com/cleanse/liver/>  
[http://www.curezone.com/cleanse/liver/huldas\\_recipe.asp](http://www.curezone.com/cleanse/liver/huldas_recipe.asp)

### **"THE UNSCIENCE OF MEDICINE". In the Wddty E-news (What doctors don't tell you) the editor writes:**

Medicine prides itself on being a science. It constantly evaluates drugs and therapies by way of expensive trials, and is governed by strict - and expensive - regulatory guidelines. As a result, it has the hearts and minds of governments and the media, and its

advocates and lobbyists are able to encourage laws that destroy alternative medicine.

There are plenty of problems with this picture, as regular readers of WDDTY Enews will already have surmised. In the first place medicine can never be a science because it is a logical impossibility to deduce universal truths from empirical evidence. For instance X may die from lung cancer because he smoked, but you cannot say that Y will also definitely die the same way because he smokes.

Then we have the problem with 'scientific' trials. If a trial finds that in a study group of 1,000 patients 70% respond well to treatment and 30% don't, you would surmise that the therapy works for 70% of people 100% of the time. But the same data could also be interpreted as stating that the treatment works in 100% of patients 70% of the time. It all depends on who's paying for the research, and as it's invariably a drug company, there are no prizes for guessing which conclusion is reached.

Even the 'fairer' interpretation is questionable because no drug works the same way all the time. Individuals respond differently to drugs at different times, something that complementary and alternative practitioners have been endeavouring to stress for years. Their form of medicine cannot be analysed by the standard, double-blind placebo study simply because of the differences in individuals involved, and their changing characteristics over time.

Medicine is beginning to wake up to these problems, a process that will be helped by a thoughtful essay by Stephen Senn at the University of Glasgow, published in a recent British Medical Journal.

But we are still many years away from a realization within governments and the media that medicine is not a science at all. It's surprisingly similar to alternative medicine, in fact. And then what will we do?

(Source: British Medical Journal, 2004; 329: 966-8)

Dr. Vernon Coleman writes in his Health Newsletter,

The simple truth is that most doctor-patient encounters are experiments and when doctors prescribe or operate on their patients they usually do so more in the hope than in the expectation that the patient will benefit from the experience.

If you feel sceptical about this assertion then let me point out that an editorial in the British Medical Journal (one of the most respected 'establishment' medical journals in the world) has reported that 'only about 15% of medical interventions are supported by solid scientific evidence'.

Looked at the other way this means, of course, that a staggering 85% of medical interventions are not supported by solid scientific evidence. The same editorial also pointed out that 'only 1% of the articles in medical journals are scientifically sound'. (Looked at

the other way this means that 99% of the articles in medical journals are not scientifically sound.)

Next, if doctors used a truly scientific method when treating their patients they would happily use whichever form of treatment seemed to offer the best chance of recovery. And they would use scientific methods to compare the effectiveness of orthodox methods (such as surgery, drugs and radiotherapy) with the effectiveness of unorthodox methods (such as diet)....

The medical establishment always tends to oppose anything new and original which threatens the status quo. When the disorder in question is as serious and as badly treated as cancer this arrogance and reluctance to even consider something new becomes rather close to deceit and professional recklessness. I could put forward a strong case to charge the medical establishment with manslaughter for its continued refusal even to acknowledge or investigate alternative methods of tackling cancer (methods which do not involve drugs, surgery or radiotherapy). The treatment methods offered by doctors are often the only methods patients know about simply because other, less conventional approaches have either been totally suppressed or sneered at and derided so successfully that no one gives them any credence.

I have always asserted that the healing of human beings cannot be simplified to clinical trials. How many thousands, million testimonials are there of lives touched by kindness... the healing power of love. As long as we ignore what is true in our hearts and seek to understand and be understood through clinical trials we continue to get caught in a language that confines us to numbers.

## **Hidden Sources Of MSG**

Most of the readers of this newsletter already avoid the flavour enhancer msg (monosodium glutamate) and aspartame (a common artificial sweetener). These chemicals are also known as excitotoxins. The suspicions health conscious people have had regarding these products have been scientifically proven to show that the chemical (MSG) added to food could cause brain damage in your children, and that this chemical could effect how children's nervous systems formed during development so that in later years they may have learning or emotional difficulties. These types excitotoxins, could possibly aggravate or even precipitate many of today's epidemic neurodegenerative brain diseases such as Parkinson's disease, Huntington's disease, ALS, and Alzheimer's disease. Excitotoxin food additives are a particular risk if you have diabetes, or have ever had a stroke, brain injury, brain tumor, seizure, or have suffered from hypertension, meningitis, or viral encephalitis.

Donna Russell from Citizens for Health Freedom writes, "In hundreds of studies around the world, scientists were creating obese mice and rats to use in diet or diabetes test studies. No strain of rat or mice is naturally obese, so the scientists have to create them. They make these morbidly obese creatures by injecting them with MSG when they are first born. The MSG triples the amount of insulin the pancreas creates, causing rats (and humans?) to become obese. They even have a title for the race of fat rodents they create: "MSG-Treated Rats".... Not only is MSG scientifically proven to cause obesity, it is an addictive substance!... Go to the National Library of Medicine, at: <http://www.pubmed.com>. Type in the words "MSG Obese", and read a few of the 115 medical studies that appear... Many studies mentioned in John Erb's book called *The Slow Poisoning of America*, [go to <http://www.spofamerica.com>] MSG to diabetes, migraines and other headaches, autism, ADD/HD and even Alzheimer's.

Even the propaganda website sponsored by the food manufacturers lobby group supporting MSG [at <http://www.msgfacts.com/facts/msgfact12.html>] explains that the reason they add it to food is to make people eat more. A study of elderly people showed that people eat more of the foods once MSG is added. The Glutamate Association lobby group says eating more benefits the elderly, but what does it do to the rest of us? ...The FDA has set no limits on how much of it can be added to food. They claim it's safe to eat in any amount.

**The reason I am writing about this is not to inform you of the harmful effects of MSG but the various names it hides under. I was surprised to learn that Hydrolyzed Vegetable Protein contains MSG. Below is some info on the Sources Of MSG in Foods From the book 'Excitotoxins - The Taste That Kills' By Dr. Russell Blaylock, MD**

#### Hidden Sources Of MSG

Below is a partial list of the most common names for disguised MSG. Remember also that the powerful excitotoxins, aspartate and L-cystine, are frequently added to foods and according to FDA rules require NO LABELING AT ALL.

\* Food Additives that ALWAYS contain MSG \*

Monosodium Glutamate  
Hydrolyzed Vegetable Protein  
Hydrolyzed Protein  
Hydrolyzed Plant Protein  
Plant Protein Extract  
Sodium Caseinate  
Calcium Caseinate

Yeast Extract  
Textured Protein (Including TVP)  
Autolyzed Yeast  
Hydrolyzed Oat Flour  
Corn Oil

\* Food Additives That FREQUENTLY Contain MSG \*

Malt Extract  
Malt Flavoring  
Bouillon  
Broth  
Stock  
Flavoring  
Natural Flavors/Flavoring  
Natural Beef Or Chicken Flavoring  
Seasoning  
Spices

\* Food Additives That MAY Contain MSG Or Excitotoxins \*

Carrageenan  
Enzymes  
Soy Protein Concentrate  
Soy Protein Isolate  
Whey Protein Concentrate  
Also: Protease Enzymes of various sources can release excitotoxin amino acids from food proteins.  
Aspartame - An Intense Source Of Excitotoxins

Aspartame is a sweetener made from two amino acids, phenylalanine and the excitotoxin aspartate. It should be avoided at all costs. Aspartame complaints accounts for approximately 70% of ALL complaints to the FDA. It is implicated in everything from blindness to headaches to convulsions. Sold under dozens of brand names such as NutraSweet and Equal, aspartame breaks down within 20 minutes at room temperature into several primary toxic and dangerous ingredients:

1. DKP (diketopiperazine) (When ingested, converts to a near duplicate of a powerful brain tumor causing agent)
2. Formic Acid (ant venom)
3. Formaldehyde (embalming fluid)
4. Methanol (causes blindness...extremely dangerous substance)

Common Examples: Diet soft drinks, sugar free gums, sugar free Kool Aid, Crystal Light, childrens' medications, and thousands of other products claiming to be 'low calorie', 'diet', or 'sugar free'.

*The next article may put a smile on your face.*

Health-Care Firms on Lookout for Michael Moore  
by Bruce Japsen, Chicago Tribune,  
12 December 2004

The latest buzz in the health-care industry has nothing to do with new drugs or medical treatments. It's all about moviemaker Michael Moore and where he's lurking these days.

Some of the nation's biggest drug manufacturers and health insurance plans confirm they have issued warnings to their sales representatives and other employees in recent weeks, telling them to be on the look out for the shaggy filmmaker in his trademark baseball cap. And, under no circumstances, are they to talk to Moore.

The industry's red alert was prompted by word that Moore plans to aim his camera lens at the health-care industry, much as he did with other targets, most recently President Bush in "Fahrenheit 9/11."

The \$100 million box office documentary-style film presented Bush's war on terror as ill-advised and corrupt, angering the president's supporters while drawing cheers from Bush foes. The planned movie, tentatively titled "Sicko," is expected to focus on health-care industry business practices, specifically those of the managed-care and pharmaceutical industries, which have both been mentioned in Moore's recent speeches and interviews, his spokesman said.

Electro magnetic radiation and the Willau tronic handy chip

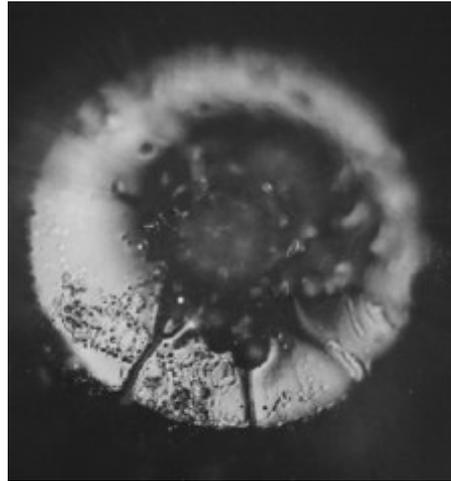


For some time now I have aware of the Willau Tronic handy chip (a small chip like that on credit cards) it prevents harmful electro magnetic radiation. Recently I discovered that Dr. Masaru Emoto "the water crystal Doc" (I am a big fan) had done some tests. He now recommends and endorses the Willau tronic handy chip. Below are some pictures of

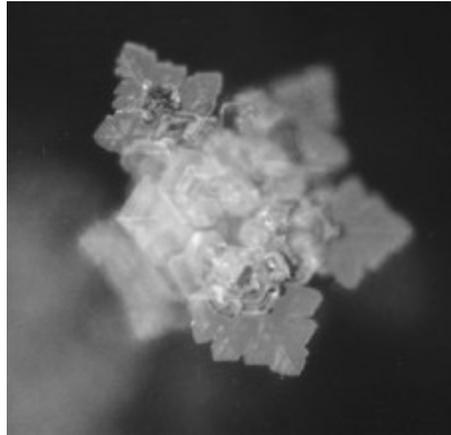
the water crystals next to a mobile phone with and without the Willau tronic handy chip.

Need I say more? Don't forget the average adult brain is 70% water. If you want to buy one they are £18.00 (includes p+p).

Without the Willau Tronic handy chip



With the Willau Tronic handy chip



*Chamomile Tea can prevent menstrual cramps*

Scientists from London's Imperial College have found that five cups of the tea over a fortnight can fight the common cold and stop menstrual cramping. The tea increases levels of glycine, which can ease muscle spasms, and hippurate, a naturally occurring anti-inflammatory. And even after the volunteers stopped their five-cups-a-day intake, levels of glycine and hippurate remained high for another two weeks. Sources: Prepublication from the Journal of Agricultural and Food Chemistry, and the BBC website

That is all for this newsletter.

*We wish you very healthy and happy life.*

Ps. I must reiterate we are not experts, doctors or healthcare professionals, all the information here has benefited us. How you choose to use it is your responsibility.